MISSION STATEMENT
TO CELEBRATE,
SUPPORT AND
CONNECT
Multicultural
COMMUNITIES
OF MANAWATU

THUE TO CE RAIM



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Palmerston North City Council

PN. Community Service Council

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Lion Foundation

United Way

Lottery Grant

Thomas McCarthy

Eastern & Central Community Trust

DIA- Settling In

Mainland Foundation

Pub Charity

Community House 77-85King Street Phone # (06) 358 1572 ask@mmcnz.org.nz www.mmcnz.org.nz

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CONNECT AND UPDATE

It has been a very busy couple of months, the executives have had numerous successful meetings with other organizations and stakeholders. Exciting and challenging times are ahead of us. We are committed to remaining relevant to our members and audience, as we present high quality networking events, workshops, programs and classes. With its meaningful content and people that will inspire, motivate and support our ethnic communities.

For this reason we are working harder than ever to earn your support and loyalty. I am proud to report some highlights of our successes during the past month:

* Attended the women's youth leadership retreat hosted by Upper Hutt multicultural council. Migrant women in our communities are such an inspiration.

- * Preparations for the Festival of Cultures 2019 has started, we will keep our communities updated with details, watch this space!
- * We've had meetings with the Sport Manawatu ,Te Manawa and Palmerston North City Council Community Managers. There is a plan in place for projects and programmes tailored to meet our ethnic communities needs.



Women Leadership forum hosted by Upper Hutt Multicultural Council

* Upper Hutt Multicultural Council

President Pohswan Narayanan visited our office and presented the vision mission and values of E Tū Whānau



Youth Leadership forum hosted by Upper Hutt Multicultural Council

Continued

- Presentation was followed by discussion on domestic violence in our ethnic communities and steps necessary to reduce any form of violence
- * Our priorities are to strengthen the Council 's membership to serve the members and our ethnic communities the best we can, we aim to be the voice and advocates for ethnic communities .To this end we urge the community to become involved with MMC and spread the word to all friends and families. The membership being open for individuals as well as communities.



MMC ON SOCIAL MEDIA

Social media are changing the way we communicate not only privately but also, to an increasing extent, professionally. Facebook and internet webpages becoming more and more important for communicators at businesses, organisations, associations and institutions. This is why we decided that MMC too,

should use social media as a channel for raising its public profile. Since September, we have been communicating on Facebook using it as a tool for providing information on upcoming events, programmes, sessions, and functions that are running by our ethnic communities around the city. We are also posting important upcoming events and programmes that are hosted and sponsored by many agencies that work in collaboration with our organisation. We look forward to seeing how this medium can continue to work for MMC in the future, as one thing seems clear: social media are not just a passing fad but an integral part of communication in tomorrow's world.



MEET AND GREET

Regular get-together with our members and community leaders to discuss upcoming events ,frustrations, concerns and any relevant matters. A guest will be invited to our gatherings to talk about related issues. The first "Meet and Greet" will be early December 2018 ,we will communicate the event via our network and social media. For more information contact the office Rana Naser.

From Christine's Desk

Allan Young Academic Scholarship

The Manawatu Multicultural Council is pleased to announce that the Allan Young Scholarship 2019 is now open and will close on 31st January 2019. This Academic scholarship of \$1500 each year is for an MMC financial member who needs financial assistance for tertiary education.

If you think you are eligible please send you application to Allan Young explaining why you deserve the financial assistance : e-mail allanyoung8@gmail.com

Nethui - engaging our communities

Christine attended the Nethui on the 5th of October where businesses, local government, education, healthcare, youth, organisations, seniors and many other sectors gathered to discuss about internet in New Zealand with set topics. It was a great opportunity to be part of the discussions where people were given opportunity to share their own experiences as well as their expertise. It was a very good learning to know how communities and organisations could create opportunities using the Internet

Upcoming Events

Potluck donner 26 October,6.0 pm: at MMC offices, come and meet your board executives, members from other communities, volunteers. It's a good opportunity to share stories, experiences, and connect with other people from other cultures

Local history week 2018: commences on Monday 29 October -Sunday 4 November 2018. numerous activities and sessions are running in the city library and Te Manawa to learn more about the city's history

Stories of the Manawatu Multicultural Council: Friday 2 November to learn more about our centre and ethnic community's history here in the city. will finish it with shared potluck meal at the centre at 5.30 pm -8 pm

Diwali Show: colourful dances and vibrant performances at Queen Elizabeth College Hall on Rangitikei Line, Palmerston North, sponsored by BNZ on Saturday 10th November 7.0 pm. More details for tickets and entry charges on the posters

Diwali Cultural Night by Yaranaas Indian Musical group from Hamilton supported by the Palmerston North City Council on Saturday 24th November 2018 at International Pacific University, Recreation Hall(Gate2) off pm-9.0pm (Free entry)

A Celebration of the Diversity of Faiths in our Community On Friday, 30 November 2018, at 7.00 pm in Queen Elizabeth College Hall, Rangitikei Street. If you are able to accept this invitation please email: Margaret Sinclair-Jones, margaret j55@kinect.co.nz and enclose your email address

Free Information session in emergency Management and how to keep safe if major disaster strike, provided by Citizens Advice Bureau on Tuesday 20 November 2018, 9.45 am-11.0am at Hancock Community House, more details about registration in the leaflet attached

Ethnic Community Celebration

Nigerian Community marks Independence Day

Nigeria's 58th Independence Day celebration was a huge success. The event was attended by guests from within and outside Manawatu region. Event was held on Saturday evening at Pasifika Community Centre, Palmerston North. Nigeria gained its Independence from British colonial rule on October 1st 1960, but Nigerians in the diaspora marked theirs on October 6th; a work-free day.

It was the first time the anniversary was celebrated by the Nigerian Community in Palmerston North. The event showcased Nigeria's fashion, history, great food, entertainment, and music. There was lots of smiles and fun.

Ebele





Women's Suffrage 125th Anniversary

On September the 19th I had the privilege of representing MMC for Camellia planting ceremony at the Esplanade, to commemorate the 125th anniversary of Women's Suffrage in New Zealand.

New Zealand was the first country in the world to allow women to vote ,but this opportunity did not come without a cost. The absence of modern technology such as the Internet, fast moving cars and cell phones made the collecting of signatures hard and arduous job. Women must have walked miles and miles while campaigning.

Kate Sheppard was special lady that endured ridiculing from men opposed to women having the vote, she determined to make this happen no matter what. For that we honour Kate together with other ladies who put themselves on the line. A breed of white camellia was actually named after Kate Sheppard to commemorate this occasion.

Coming to New Zealand and learning how the women in New Zealand fought really hard to be allowed to vote makes it such an honour. An honour that every citizen should not

take for granted, one vote may not appear important on it's own but when it is combined with passion and determination to see changes , one vote can make a great deal of difference.

Thank you to The Women of New Zealand who on September the 19th 1883 made this happen.



Meriam Findlay

Palmerston North Older Person of the Year Award

1st October is the International Day of Older Persons, where Age Concern NZ Manawatu Outreach, Grey Power, the Senior Citizens Club and Age Friendly Palmerston North, all celebrated the day by hosting an Afternoon Tea Dance to which everyone over 65+ was invited.

International Day of the Older Person (IDOP) reaffirms the commitment to promoting the full and equal human rights and fundamental freedoms of older persons. What better way to promote these than

through the Age Friendly Palmerston North "Older Person of the Year Awards 2018".

"International Day of Older Persons was set up to recognise the contributions that older people make to local communities, as well to raise awareness of issues that older people face in their lives."

Anne Odogwu was nominated by Manawatu Multicultural Council Inc., with support letters from the Palmerston North Arthritis Support Group Inc., and the Scandinavian Club of the Manawatu, Inc. Anne Odogwu was awarded the Grey Power Cup for the Older Woman of the Year.



Congratulations! Anne Best wishes for your "The Older Women of the of the Year 2018

Educational Programme

We learn many things from our parents and teachers at a very early age, but it is not until we travel that we realise that we need to know about certain things, such as the laws of the countries that we may travel or live in.

On Thursday the 11th of October some students from the ETC joined some of our students, and they had the opportunity to ask Community Constable Phillip Robinson questions about some of the Laws in New Zealand.

Some of the students had previously written down some questions for Phillip, it was good to see them interacting and asking Phil about other things that they had thought about, and No , police do not carry guns in New Zealand!

The topics covered driving laws, seat belts and bicycle helmet laws, walking and something new for most of us was the importance of knowing the bike serial number (found under the saddle) which is important specially if your bike gets stolen.

Phil gave a good overview of what should be done in cases of suspected Domestic Violence or Smacking of children, both being illegal in New Zealand. He stressed that the police can be phoned at

any time if one feels threatened or in danger. One good point that was brought up was that if you think you may have a burglar in your house, or someone is wandering outside your property, dial 111, but do not investigate yourself. Leave it for the Police.

The students found the session very interesting and in the future they would not be more confident to contact the police about any concerns they may have.

Ange Joblin



Weekly Activities at the Centre

Office Opening hours:

Monday—Friday 10am—4.pm

Advanced English Conversation Groups:

- Monday morning 10am—11.30am
- Monday, Tuesday Wednesday & Thursday 1pm—3pm

English Beginner's Conversation Groups

Tuesday, Thursday & Friday 10am—11.30am

Lunchtime Conversation—Shared Lunch

Every Friday 12pm —1pm

Social Activities

Multicultural Women's Group

♦ Cooking and Arts/Craft : Every 1st Friday

Sewing and mending: Every 2nd Friday

Fun Contemporary Dance: Every 3rd Friday

◆ Basic Tai Chi : Every 4th Friday of the month

Women's ONLY Zumba Classes

Thursday 5.30pm —6.30pm & Saturday 4pm—5pm

The address alternates between St. Peters Church Hall 229 Ruahine Street and 188 Cuba Street studio

Check the calendar for times/location

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oct 2018	7 Week No 41	8	9	10	11 5.30 -6.30pm 118 Cuba St.	12	13
	14 Week No 42	15	16	17	18 5.30 -6.30pm 229 <u>Ruahine</u> St	19	20 4-5 pm 118 Cuba Street
	21 Week No 43	22	23	24	25 5.30 -6.30pm 229 <u>Ruahine</u> St	26	27 No Class
	28 Week No 44	29	30	31	1 5.30 -6.30pm 229 <u>Ruahine</u> St	2	3 4-5 pm 118 Cuba Street
Nov 2018	4 Week No 45	5	6	7	8 5.30 -6.30pm 229 <u>Ruahine</u> St	9	10 4-5 pm 118 Cuba Street
	11 Week No 46	12	13	14	15 5.30 -6.30pm 229 Ruahine St	16	17 4-5 pm 118 Cuba Street
	18 Week No 47	19	20	21	22 5.30 -6.30pm 229 <u>Ruahine</u> St	23	24 4-5 pm 118 Cuba Street
	25 Week No 48	26	27	28	29 5.30 -6.30pm 229 <u>Ruahine</u> St	30	1 December 4-5 pm 118 Cuba Street

Monthly Activities

- ♦ Newcomers Morning Tea : 3rd Wednesday of the month 10am—12noon
- Newcomers Potluck Dinner: Last Friday of the month 6pm—8.30pm

Network of Skilled Migrants

City Library on Thursday 1 November 2018,6.0 pm 7.0pm, invitation open to all skilled migrants to attend session about successful networking and ways to get the best outcomes. More information in the leaflet attached .RSVP on info@skilledmigrants.org.nz

Benefit in Participating in MMC's Activities

- ⇒ Practice your English
- ⇒ Make new friends
- ⇒ Share information
- ⇒ Interacts with other migrants
- ⇒ Use your interpersonal skills
- ⇒ Work together with other community groups and organization
- ⇒ Learn about New Zealand customs and culture

Visit our Facebook page Manawatu Multicultural Council –Palmerston North

Network of Skilled Migrants





NETWORKING FOR SUCCESSFUL EMPLOYMENT

When: Thursday, I November 2018 at 6pm-7pm in the City Library, PN

SPEAKER

Narita Dixon, from KonnectioNZ, has experience in diverse industries as a trainer, tutor, coach, consultant, manager as well as sales and marketing. She worked as a Manawatu Regional Manager for a Business Networking Group and has a wealth of examples of networking success and stories to share.

Narita will cover following aspects of business networking

- · What to do before an event
- How to use the networking time well to get the best results
- Focus on the people you want to talk with at functions
- · Build confidence

Do you agree that opportunities are all about **who** you know, not just what you know? Where the best place is to get to know business owners, hear about job vacancies and make connections etc? Do you want to get better results from going to Business Networking events? Come along to find out!

Nibbles are provided Prizes to be won

Please RSVP for catering purpose and for more information contact: info@skilledmigrants.org | 028 401 4605

Funded by Palmerston North City Council







Women's Group & Potluck Dinner Poster

Multicultural Women's Group

At the Multicultural Centre Friday 16th November 2018 1–2pm

Fun Contemporary Dance

Meet dance Teacher Tania Kopytko For an hour of fun and easy dance.

Come and join us and enjoy rhythm, music and dancing together.

Just wear comfortable clothing



For more Information contact the Centre 358 1572 Email: ask@mmcnz.org.nz



Newcomers Potluck Dinner

Multicultural Centre 77–85 King Street Friday 30th November 2018 @ 6pm

We are celebrating Christmas a little earlier than most people!

Bring your family and friends

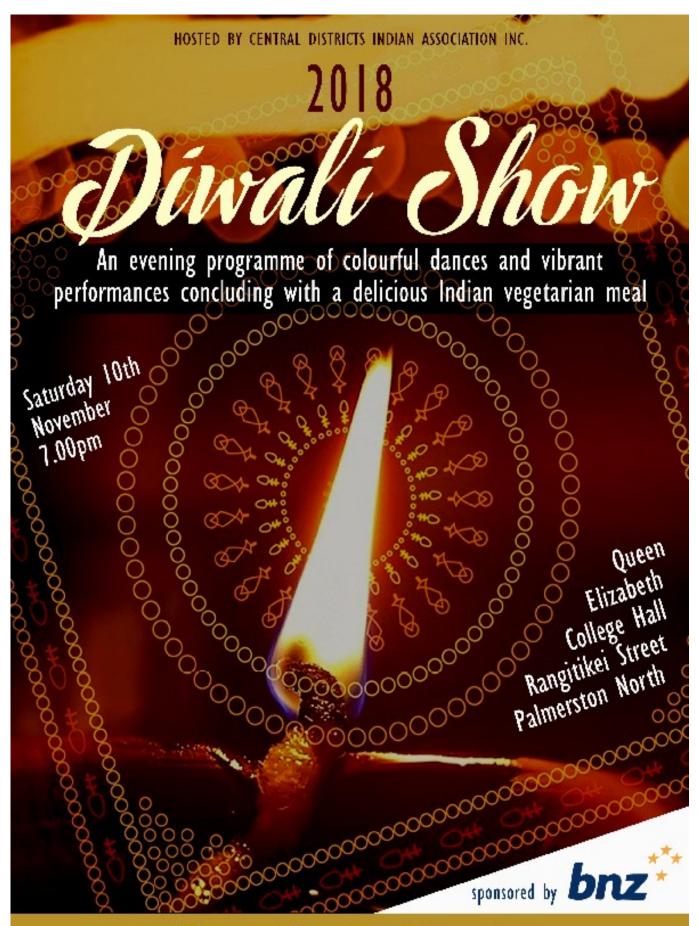
Bring a plate of Christmas food to share

Wear a Christmassy hat Great company and Lots of Christmas cheer!





For more information contact 3581572 Email: ask@mmcnz.org.**nz**



FREE entry for CDIA members and children under 5
Non-CDIA members \$10 and \$5.00 for children aged Primary to High School.



NEW TO NZ? WORRIED ABOUT EARTHQUAKES? WE CAN HELP!

Free Information Session





TOPICS:

We are holding a workshop on emergency management. We have a speaker from Civil Defence who will tell us the best way to cope and keep safe should a major disaster strike our City. There will be an opportunity to ask questions.

WHEN: Tuesday 20 November 2018 9.45a.m to 11am. Morning tea will

be served.

WHERE: Hancock Community House, 77 King Street, Palmerston North

CONTACT: Please register your interest by ringing Wendy on (06) 3579273 between 9am and noon no later than Friday 16 November 2018. We look forward to seeing

you there!

Citizens Advice Bureau Palmerston North offers free, face to face support to new migrants. Phone: 3570647 or email: palmerstonnorth@cab.org.nz

0800 FOR CAB (0800 367 222) www.cab.org.nz



Funded by Immigration New Zealand

Satsang Ramayan Mandali Central



DIWALI CULTURAL NIGHT

bу

'Yaraanas' Indian Musical Group from Hamilton

Date: Saturday 24th November 2018

Venue: International Pacific University, Recreation Hall (Gate 2), off Pacific Drive, Palmerston North

Time: 7.00pm - 9.30pm

Free Entry

Come along to also taste a variety of Indian Diwali sweets (free) and tasty vegetarian meal (sold)







Kindly Sponsored by Palmerston North City Council and Satsang Ramayan Mandali Central